

## Aspire 10K Run/Walk

Race Date  
April 27, 2024

10K**10K****Record Female: 29:43.00****Female Finishers****Record Male: 26:24.00**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>Actual Time</u>	<u>Factor</u>	<u>Net Time</u>	<u>Percent</u>
1	Stephanie Plotkin	Plainview NY	223	57	F	52:41.72	0.8126	42:49.21	0.6940
2	Anne Broderick	Hicksville NY	30	58	F	57:13.85	0.8027	45:56.35	0.6469
3	Kiera HaY	East Northport NY	170	42	F	48:56.36	0.9499	46:29.25	0.6392
4	Yamile Forero	Bellmore NY	198	50	F	53:49.51	0.8822	47:29.07	0.6258
5	Amy Friel	Seaford NY	171	46	F	51:39.59	0.9195	47:30.07	0.6256
6	Judith Brenner	PLAINVIEW NY	9	55	F	57:46.99	0.8325	48:06.27	0.6178
7	Heather Sciara	Plainview NY	65	44	F	51:50.51	0.9356	48:30.19	0.6127
8	Katie Mitchell	Hobrook NY	75	45	F	52:31.39	0.9278	48:43.86	0.6098
9	Laura Tardugno	Oyster Bay NY	163	51	F	56:30.66	0.8723	49:17.67	0.6028
10	Aimee Welsh	Huntington NY	183	49	F	56:09.16	0.8921	50:05.63	0.5932
11	Eileen Harris	Port Washington	124	52	F	58:08.49	0.8623	50:08.12	0.5927
12	Jessica Dunn	Huntington Station	88	40	F	54:07.47	0.9623	52:05.04	0.5706
13	Julie Vodola	Wantagh NY	6	44	F	56:12.95	0.9356	52:35.73	0.5650
14	Jacqueline Cox	Huntington Station	76	58	F	1:05:52.7	0.8027	52:52.90	0.5620
15	Lisa Breuer	Nesconset NY	206	54	F	1:03:09.2	0.8425	53:12.46	0.5585
16	Christine Coryell	Bellmore NY	16	43	F	57:24.53	0.9429	54:07.85	0.5490
17	Jean Joseph	PLAINVIEW NY	78	41	F	56:59.94	0.9563	54:30.49	0.5452
18	Ali Trovato	Farmingdale NY	257	53	F	1:04:00.4	0.8524	54:33.61	0.5447
19	Maureen Kennedy	Dix Hills NY	203	56	F	1:07:49.4	0.8226	55:47.51	0.5326
20	Kristin McNamara	Hauppauge NY	41	49	F	1:02:52.0	0.8921	56:05.01	0.5299
21	Mary Vissichelli	North Babylon NY	69	46	F	1:01:57.2	0.9195	56:58.02	0.5217
22	Amber Kemper	Eastport NY	135	49	F	1:03:56.1	0.8921	57:02.18	0.5210
23	Dina Villanueva	Oyster Bay NY	243	50	F	1:04:55.7	0.8822	57:16.80	0.5188
24	Dominique Saint-Joy-Hill	Franklin Square	136	53	F	1:07:19.6	0.8524	57:23.42	0.5178
25	Merlyn Meikle	Freeport NY	109	52	F	1:06:50.1	0.8623	57:37.94	0.5156
26	Jeannie Gavigan	MERRICK NY	172	48	F	1:04:28.9	0.9017	58:08.61	0.5111
27	Sheena Fallon	Huntington NY	182	41	F	1:01:48.2	0.9563	59:06.23	0.5028
28	Christina Mueller	Patchogue NY	89	47	F	1:05:15.6	0.9109	59:26.80	0.4999
29	Sydney Kerins	Greenlawn NY	164	52	F	1:09:09.3	0.8623	59:38.00	0.4983
30	Allison Chimienti	Glen Cove NY	94	43	F	1:03:51.6	0.9429	1:00:12.83	0.4935
31	Erin Stein	Massapequa NY	194	40	F	1:04:04.6	0.9623	1:01:39.68	0.4819
32	Laura Venugopalan	Stosset NY	50	57	F	1:16:41.3	0.8126	1:02:19.06	0.4769
33	Linda K. Mejias-Glover	Farmingdale NY	62	45	F	1:07:13.0	0.9278	1:02:21.84	0.4765
34	Carly Collins	Massapequa NY	3	42	F	1:06:36.7	0.9499	1:03:16.48	0.4697
35	Gladys Jimenez	Old Bethpage NY	218	51	F	1:13:01.4	0.8723	1:03:41.93	0.4665
36	Cindy Drenckhahn	North Bellmore NY	87	52	F	1:15:12.1	0.8623	1:04:50.82	0.4583
37	Amanda Tomel	Melville NY	239	43	F	1:09:35.8	0.9429	1:05:37.45	0.4528
38	Lynn Bekerman	Syosset NY	35	54	F	1:18:12.4	0.8425	1:05:53.41	0.4510
39	JoAnn Turkovich	Levittown NY	112	59	F	1:23:43.5	0.7928	1:06:22.64	0.4477
40	Annette Carr	NORTHPORT NY	111	49	F	1:14:59.5	0.8921	1:06:54.05	0.4442
41	Tracey DeRose	Huntington NY	150	44	F	1:11:53.2	0.9356	1:07:15.47	0.4418
42	Abigail Athanasopoulos	Oceanside NY	201	44	F	1:20:56.8	0.9356	1:15:44.10	0.3924
43	Kelly Rhatigan	Merrick NY	200	51	F	1:27:15.1	0.8723	1:16:06.64	0.3904
44	Jennifer Simpson	Hempstead NY	140	54	F	1:33:11.3	0.8425	1:18:30.72	0.3785
45	Maya Charland	Lindenhurst NY	100	41	F	1:25:44.7	0.9563	1:21:59.93	0.3624
46	Mollie Roberts	Farmingville NY	233	46	F	1:46:48.3	0.9195	1:38:12.49	0.3026

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1	Matt Cuttler	East Northport NY	123	45	M	37:33.80	0.9261	34:47.24	0.7589
2	Felipe Garcã-a	Brooklyn NY	249	41	M	37:31.29	0.9561	35:52.46	0.7359
3	Vivek Pabby	Mt Kisco NY	204	57	M	46:13.52	0.8361	38:38.94	0.6831
4	Kevin Weldon	Medford NY	67	45	M	42:29.53	0.9261	39:21.12	0.6709
5	Kevin Long	East Setauket NY	227	58	M	48:09.90	0.8286	39:54.57	0.6615
6	Robert Freiberger	Huntington NY	237	59	M	49:47.49	0.8211	40:53.03	0.6457
7	brandon worster	bellmore NY	151	43	M	43:57.63	0.9411	41:22.27	0.6381
8	Paul Greene	East Norwich NY	167	53	M	48:47.86	0.8661	42:15.82	0.6247
9	James West	Yonkers NY	213	58	M	51:23.86	0.8286	42:35.29	0.6199
10	Richard Diamond	Plainview NY	241	48	M	47:23.97	0.9036	42:49.81	0.6164
11	Gregory Waxman	Malverne NY	248	41	M	45:08.71	0.9561	43:09.80	0.6116
12	Michael Klein	Dix hills NY	103	51	M	49:52.20	0.8811	43:56.43	0.6008
13	Romulo Brito	Brentwood NY	250	46	M	49:17.28	0.9186	45:16.56	0.5831
14	Michael Starr	Plainview NY	224	54	M	52:49.30	0.8586	45:21.16	0.5821
15	Roger Mercer	Lindenhurst NY	122	55	M	53:28.97	0.8511	45:31.15	0.5800
16	Mark Plutzer	Old Bethpage NY	226	49	M	51:13.01	0.8961	45:53.72	0.5752
17	Donald Lyons	West Babylon NY	20	54	M	54:14.18	0.8586	46:34.04	0.5669
18	Matthew Gregory	Plainview NY	48	49	M	53:08.71	0.8961	47:37.40	0.5544
19	Scott Ash	Greenlawn NY	29	57	M	57:57.25	0.8361	48:27.33	0.5448
20	Brett Harris	Port Washington	125	56	M	58:07.82	0.8436	49:02.32	0.5384
21	Brian Messemer	Westbury NY	90	41	M	52:04.04	0.9561	49:46.89	0.5303
22	Yo Sato	Plainview NY	303	43	M	52:54.97	0.9411	49:47.96	0.5301
23	Jason Burns	Bethpage NY	98	43	M	52:58.99	0.9411	49:51.75	0.5295
24	Mark Cichon	Port Washington	71	53	M	58:17.87	0.8661	50:29.51	0.5229
25	Rob Miller	Wantagh NY	36	44	M	54:35.03	0.9336	50:57.57	0.5181
26	Jon Herman	Plainview NY	235	53	M	59:39.57	0.8661	51:40.27	0.5109
27	Robert Rate	SELDEN NY	40	59	M	1:03:52.6	0.8211	52:26.96	0.5033
28	Kevin Maloney	Long Beach NY	231	59	M	1:03:52.7	0.8211	52:27.04	0.5033
29	Rich Verbouwens	Bethpage NY	188	52	M	1:00:14.7	0.8736	52:37.88	0.5016
30	David Richman	Plainview NY	27	54	M	1:01:57.4	0.8586	53:11.80	0.4963
31	Don YANG	JERICO NY	154	44	M	58:31.05	0.9336	54:37.92	0.4832
32	Mark Temkin	Plainview NY	256	56	M	1:05:35.8	0.8436	55:20.30	0.4771
33	Eric Galantini	Bethpage NY	56	50	M	1:03:14.0	0.8886	56:11.42	0.4698
34	Adam Wanderman	Plainview NY	108	46	M	1:01:42.7	0.9186	56:41.34	0.4657
35	Aaron Mandel	Plainview NY	166	43	M	1:01:27.5	0.9411	57:50.33	0.4564
36	Michael Welsch	Smithtown NY	117	46	M	1:03:10.1	0.9186	58:01.63	0.4550
37	David Brenner	PLAINVIEW NY	8	56	M	1:09:15.4	0.8436	58:25.56	0.4519
38	Russell Klein	Plainview NY	245	50	M	1:05:45.8	0.8886	58:26.26	0.4518
39	Luis Fontan	West Babylon NY	74	48	M	1:07:14.3	0.9036	1:00:45.46	0.4345
40	Marc Acosta	Massapequa NY	179	53	M	1:10:38.1	0.8661	1:01:10.65	0.4315
41	Dan Santiago	Bellmore NY	169	43	M	1:11:17.4	0.9411	1:07:05.51	0.3935
42	Brandon Wright	Roosevelt NY	222	41	M	1:14:28.7	0.9561	1:11:12.52	0.3707
43	Phil Syskrot	Plainview NY	160	42	M	1:19:06.2	0.9486	1:15:02.25	0.3518