



Sun. June 9, 2019 Rain or Shine Baldwin Park, NY 9AM Start 3219 Grand Avenue, Baldwin NY

Stick around after the race! Last year everyone who stayed until the end won a raffle prize!

QUESTIONS Please contact richardm.brodsky@gmail.com

BIB PICKUP Day of Race beginning at 6:45AM

DAY OF FEE \$25

AMENITIES

Water & energy drinks Pre & Post Race Pre & Post Race Massages! Local Vendors & demonstrations

Sumptuous BRUNCH: PASTA, WRAPS, SALADS, BAGELS, MUNCHKINS, HEROES, GELATO, COFFEE, PASTRIES & MORE PRIZES & GIFT certificates given away by a FREE lottery!

USATF 5K certified running course at Baldwin Park (two loops around course)

1st 300 registrants will receive a pair of Long Island Net tickets for the 2019 - 20 season

1st 300 participants to register get \$5 gift certificates to 3 restaurants in Long Beach: A Whale's Tale, Lido Kosher Deli, The Cabana and Runyon's of Seaford

RESULTS & PHOTOS

LIVE Online/Email/Text Results and FREE Video & Same-day finish line pics Find Misc Photos on Facebook <u>@elitefeats</u>



PLEASE WEAR YOUR BIB ON THE FRONT OF YOUR SHIRT!