

Honor the Flag 5K LIRRC

Overall Finish List**5K Open**

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
1	Billy Ulrich	Floral Park NY	148	21	M	1: Open	16:26.06	5:17/M
2	Nicholas Andrews	Freeport NY	176	13	M	1: 13-15	19:14.49	6:11/M
3	John Kane	Levittown NY	147	50	M	1: 50-54	19:41.75	6:20/M
4	Ray Giron	Uniondale NY	3223	29	M	1: 25-29	19:47.11	6:22/M
5	Travis Pereira	Glen Cove NY	1	29	M	2: 25-29	19:50.19	6:23/M
6	Tyler Lauer	Levittown NY	153	30	M	1: 30-34	19:50.93	6:23/M
7	Willard Mahler	Oceanside NY	186	26	M	3: 25-29	19:53.09	6:24/M
8	Jack Schwabe	Malverne NY	3640	15	M	2: 13-15	20:15.32	6:31/M
9	Michiko Clarke	Westbury NY	2426	38	F	1: Open	20:17.60	6:32/M
10	Ramon Cabrera	Fresh Meadows NY	145	46	M	1: 45-49	20:26.54	6:35/M
11	Jesus Perez	Freeport NY	2420	45	M	2: 45-49	20:50.00	6:42/M
12	Steven Bailey	Glen Cove NY	167	17	M	1: 16-19	20:55.61	6:44/M
13	Jose Velasquez	Old Westbury NY	3217	47	M	3: 45-49	21:44.23	7:00/M
14	Jan Kasal	Malverne NY	2	56	M	1: 55-59	21:50.41	7:02/M
15	Steve Juchem	N Bellmore NY	174	50	M	2: 50-54	21:52.71	7:02/M
16	Hector Jaramillo	Baldwin NY	185	48	M	4: 45-49	21:53.72	7:03/M
17	Eddie Ward	Syosset NY	157	63	M	1: 60-64	22:03.95	7:06/M
18	Manuel Marquina	Lindenhurst NY	160	45	M	5: 45-49	22:24.81	7:13/M
19	Chris Frank	Seaford NY	2430	52	M	3: 50-54	22:28.00	7:14/M
20	Michael Sorrentino	Freeport NY	2421	50	M	4: 50-54	22:28.00	7:14/M
21	Jimmy Peck	Huntington Station	8093	43	M	1: 40-44	22:55.98	7:23/M
22	Grainne Josaphat	Bethpage NY	162	54	F	1: 50-54	23:00.53	7:24/M
23	Ken Olson	Plainview NY	3215	49	M	6: 45-49	23:07.71	7:26/M
24	Joe Saklow	Seaford NY	2436	24	M	1: 20-24	23:16.15	7:29/M
25	Michelle Hyers	Hicksville NY	150	34	F	1: 30-34	23:39.64	7:37/M
26	Brito Romulo	Uniondale NY	3641	41	M	2: 40-44	23:50.49	7:40/M
27	Louis Green	Hempstead NY	168	39	M	1: 35-39	24:06.02	7:45/M
28	Walden Ben	Centerport NY	3218	50	M	5: 50-54	24:12.52	7:47/M
29	Lisa Bonanni	Selden NY	2422	32	F	2: 30-34	24:16.82	7:49/M
30	John Caridi	West Babylon NY	166	35	M	2: 35-39	24:27.85	7:52/M
31	Amos Brotter	Merrick NY	198	54	M	6: 50-54	24:28.58	7:53/M
32	Jerry Wosleger	Merrick NY	146	60	M	2: 60-64	24:31.66	7:53/M
33	Luis Sanchez	Uniondale NY	3224	50	M	7: 50-54	24:36.04	7:55/M
34	David Ramos	Stony Brook NY	2415	57	M	2: 55-59	24:37.28	7:55/M
35	David Frisone	Nhp NY	152	74	M	1: 70-74	24:48.70	7:59/M
36	Robert Bradshaw	East Meadow NY	2409	44	M	3: 40-44	24:56.79	8:02/M
37	Jaime Segura	Albertson NY	2441	57	M	3: 55-59	25:13.57	8:07/M
38	Bruce Cabrera	Fresh Meadows NY	4	11	M	1: 1-12	25:16.69	8:08/M
39	Steven Simmons	Massapequa NY	2433	58	M	4: 55-59	25:17.81	8:08/M
40	Rosario Dennis	Merrick NY	171	42	M	4: 40-44	25:19.40	8:09/M
41	Allen Cheong	Baldwin NY	2429	62	M	3: 60-64	25:20.80	8:09/M
42	Pj Diskin	Mineola NY	2401	63	M	4: 60-64	25:23.00	8:10/M
43	Shannon Pulis	West Hempstead NY	2439	11	F	1: 1-12	25:26.30	8:11/M
44	Mike Wisniewski	North Babylon NY	3626	38	M	3: 35-39	25:27.22	8:11/M
45	Stephanie Maybie	North Massapequa	3214	25	F	1: 25-29	25:28.50	8:12/M
46	George Reeder	Mineola NY	3636	33	M	2: 30-34	25:32.96	8:13/M
47	Mike Ludwig	Rockville Centre NY	200	64	M	5: 60-64	25:33.89	8:13/M

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48	Linda Manno	Lindenhurst NY	169	52	F	2: 50-54	25:37.39	8:15/M
49	Jose Zavala	Hempstead NY	3634	24	M	2: 20-24	25:45.59	8:17/M
50	Andrea Marquina	Lindenhurst NY	159	12	F	2: 1-12	25:48.78	8:18/M
51	Michael Broderick	Hicksville NY	2412	54	M	8: 50-54	25:50.22	8:19/M
52	Peter Briguglio	Massapequa NY	155	28	M	4: 25-29	26:00.06	8:22/M
53	Zully Velasquez	Old Westbury NY	3216	26	F	2: 25-29	26:05.10	8:24/M
54	John Arnold	North Massapequa	2437	57	M	5: 55-59	26:08.80	8:25/M
55	Joseph McLoughlin	Levittown NY	3632	47	M	7: 45-49	26:11.86	8:26/M
56	Survilla Gary	Wantagh NY	2405	52	M	9: 50-54	26:41.70	8:35/M
57	Susie Marnell	Huntington Station	2414	62	F	1: 60-64	26:46.83	8:37/M
58	Chris Minerva	Commack NY	8146	56	M	6: 55-59	26:49.43	8:38/M
59	Jeanette Ohalloran	Garden City NY	3628	59	F	1: 55-59	27:05.76	8:43/M
60	Anne Broderick	Hicksville NY	2411	53	F	3: 50-54	27:36.43	8:53/M
61	Lee D'Amico	Wantagh NY	179	50	M	10: 50-54	27:42.94	8:55/M
62	James Gallagher	Lindenhurst NY	2423	64	M	6: 60-64	27:48.75	8:57/M
63	Rosa Zavala	Glen Cove NY	161	17	F	1: 16-19	28:09.66	9:04/M
64	Jason Vegas	East Meadow NY	2410	40	M	5: 40-44	28:10.77	9:04/M
65	Abilene De Jesus	Levittown NY	3639	30	F	3: 30-34	28:20.70	9:07/M
66	Lori Mangual	Merrick NY	2445	54	F	4: 50-54	28:20.99	9:07/M
67	Ron Nardo	Bellmore NY	2444	55	M	7: 55-59	28:25.26	9:09/M
68	Jack Warecki	Uniondale NY	3219	49	M	8: 45-49	28:27.80	9:09/M
69	Shawn Momtahan	Bay Shore NY	188	70	M	2: 70-74	28:36.56	9:12/M
70	Johnny Miller	Merrick NY	8073	72	M	3: 70-74	28:39.07	9:13/M
71	Kelly Pulis	West Hempstead NY	2440	10	F	3: 1-12	28:47.80	9:16/M
72	Pulis David	West Hempstead NY	2442	39	M	4: 35-39	28:50.70	9:17/M
73	Christina Guando	Farmingdale NY	183	28	F	3: 25-29	28:52.46	9:17/M
74	Edward Ryan	E Northport NY	2451	36	M	5: 35-39	28:53.96	9:18/M
75	John Vogt III	Rockaway Beach NY	193	44	M	6: 40-44	28:55.83	9:18/M
76	Survilla Nicole	Wantagh NY	2406	26	F	4: 25-29	29:07.53	9:22/M
77	Valentin Gonzalez	Westbury NY	182	12	M	2: 1-12	29:48.07	9:36/M
78	Liz Trumpy	Levittown NY	3637	49	F	1: 45-49	29:52.70	9:37/M
79	William Montero	Oakland Gardens NY	8131	61	M	7: 60-64	29:56.86	9:38/M
80	Maureen Frisone	Nhp NY	196	70	F	1: 70-74	29:59.24	9:39/M
81	Art Sorenson	Long Beach NY	2424	58	M	8: 55-59	30:05.49	9:41/M
82	Justin Barrera	Merrick NY	3631	12	M	3: 1-12	30:06.65	9:41/M
83	Rose Sorenson	Long Beach NY	2425	30	F	4: 30-34	30:13.98	9:44/M
84	Julia Hegner	Wantagh NY	2450	45	F	2: 45-49	30:14.36	9:44/M
85	Erika Rivera-Torres	Islip Terrace NY	8075	39	F	1: 35-39	30:17.58	9:45/M
86	Lori Vallejo	New Hyde Park NY	3633	60	F	2: 60-64	30:17.86	9:45/M
87	Christina Heerkens	Williston Park NY	2446	38	F	2: 35-39	30:43.74	9:53/M
88	Kerin Cunningham	East Meadow NY	2432	27	F	5: 25-29	30:43.74	9:53/M
89	Paul Ginocchio	Lynbrook NY	8102	41	M	7: 40-44	30:45.81	9:54/M
90	Tom Cunningham	East Meadow NY	2431	59	M	9: 55-59	30:47.13	9:54/M
91	Robert Shaller	Douglaston NY	2419	56	M	10: 55-59	30:49.24	9:55/M
92	Paul Liebler	Albertson NY	3635	63	M	8: 60-64	31:09.42	10:02/M
93	Sophie Lambert	Hicksville NY	2404	10	F	4: 1-12	31:18.00	10:04/M
94	Jeremy Price	NY	2449	36	M	6: 35-39	31:19.94	10:05/M

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95	Alexis Turkovich	Levittown NY	8134	8	F	5: 1-12	31:21.58	10:05/M
96	John Lamanna	Oceanside NY	8109	60	M	9: 60-64	31:29.02	10:08/M
97	Jeanna Lambert	Hicksville NY	2403	43	F	1: 40-44	31:43.38	10:13/M
98	Samuel Sult	Valley Stream NY	165	11	M	4: 1-12	31:51.64	10:15/M
99	Jeffery Sult	Valley Stream NY	163	62	M	10: 60-64	31:51.92	10:15/M
100	Gerard Ruiz	Hicksville NY	192	59	M	11: 55-59	31:57.10	10:17/M
101	Isabella Vega	Corona NY	8088	9	F	6: 1-12	32:03.36	10:19/M
102	Dennis Dowling	Baldwin NY	2408	65	M	1: 65-69	32:04.28	10:19/M
103	Joseph Salow	bellerose NY	158	72	M	4: 70-74	32:12.40	10:22/M
104	Theresa Bazan	Glenwood Landing	151	55	F	2: 55-59	32:19.16	10:24/M
105	Pamela Weess	Great Neck NY	2427	61	F	3: 60-64	32:28.10	10:27/M
106	Diana Marks	Wantagh NY	2407	47	F	3: 45-49	32:47.20	10:33/M
107	Peter Montalbano	Merrick NY	2417	53	M	11: 50-54	32:49.16	10:34/M
108	Simmi Rozario	Merrick NY	175	43	F	2: 40-44	32:49.57	10:34/M
109	Alan Hodish	East Meadow NY	2402	71	M	5: 70-74	32:56.00	10:36/M
110	Michelle Fussell	Hempstead NY	2447	38	F	3: 35-39	33:09.56	10:40/M
111	Mary Tercynski	Williston Park NY	3642	45	F	4: 45-49	33:10.53	10:41/M
112	Shawn McDonough	Levittown NY	3624	44	M	8: 40-44	33:17.49	10:43/M
113	Erica Gaston	Central Islip NY	2438	55	F	3: 55-59	33:36.62	10:49/M
114	Mirel Fisch	Jericho NY	3629	31	F	5: 30-34	33:49.16	10:53/M
115	Larry Schachner	Malverne NY	199	59	M	12: 55-59	33:49.20	10:53/M
116	Laura Pisani	Astoria NY	2416	36	F	4: 35-39	33:54.96	10:55/M
117	Peggy Conneely	Wantagh NY	2448	65	F	1: 65-69	33:56.83	10:55/M
118	Jina Heo	Garden City NY	2443	57	F	4: 55-59	34:11.15	11:00/M
119	Joann Turkovich	Levittown NY	8138	53	F	5: 50-54	35:02.72	11:17/M
120	Astrid Bonilla	Hempstead NY	8124	17	F	2: 16-19	35:52.51	11:33/M
121	Leah Fisch	Hicksville NY	3627	33	F	6: 30-34	36:39.66	11:48/M
122	Ian Biller	Hicksville NY	3630	33	M	3: 30-34	36:39.86	11:48/M
123	Erin McIntyre	Massapequa NY	3220	51	F	6: 50-54	36:52.04	11:52/M
124	Maria Alfaro	Uniondale NY	3643	35	F	5: 35-39	36:56.40	11:53/M
125	Delmy Urbina	Hempstead NY	8123	33	F	7: 30-34	37:12.40	11:58/M
126	Antonio Patino	Seaford NY	2413	76	M	1: 75-79	37:14.45	11:59/M
127	Mary Loiacono	Lindenhurst NY	3222	45	F	5: 45-49	37:16.52	12:00/M
128	Kristen Bernard	Baldwin NY	177	25	F	6: 25-29	37:55.59	12:12/M
129	Elozabej Wallach	Plainview NY	156	53	F	7: 50-54	37:57.55	12:13/M
130	Abheyjot Singh	Merrick NY	154	48	M	9: 45-49	38:06.30	12:16/M
131	Kim Duchow	Lindenhurst NY	3638	43	F	3: 40-44	38:07.58	12:16/M
132	Bernard Nicole	Baldwin NY	2428	27	F	7: 25-29	38:16.15	12:19/M
133	Mays Tammy	Huntington Station	3221	53	F	8: 50-54	39:44.05	12:47/M
134	Kaitlyn McDonough	Levittown NY	3625	20	F	1: 20-24	39:57.35	12:52/M
135	Regina M Priest	Islip Terrace NY	189	45	F	6: 45-49	40:06.36	12:54/M
136	Rochelle Holden	Westbury NY	8092	65	F	2: 65-69	40:13.99	12:57/M
137	Sal Mirando	Plainview NY	3	68	M	2: 65-69	41:03.80	13:13/M
138	Robert Montgomery	North Babylon NY	197	58	M	13: 55-59	41:26.02	13:20/M
139	Fiorella Carrasco	Westbury NY	170	29	F	8: 25-29	41:27.19	13:20/M
140	John Fahner	Mineola NY	8070	71	M	6: 70-74	42:01.40	13:31/M
141	Joseph Yonda	Mineola NY	2434	68	M	3: 65-69	42:06.73	13:33/M

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142	Brian Dobkin	New Hyde Park NY	2435	53	M	12: 50-54	42:40.92	13:44/M
143	Steven Dobkin	Hicksville NY	172	63	M	11: 60-64	43:19.22	13:57/M
144	Joanne Dobkin	Hicksville NY	173	53	F	9: 50-54	43:19.38	13:57/M
145	Noreen McLoughlin	Levittown NY	2418	53	F	10: 50-54	43:59.51	14:09/M
146	Andree Johnson	Old Westbury NY	3644	68	F	3: 65-69	44:54.18	14:27/M
147	Wayne Hall	Hempstead NY	184	72	M	7: 70-74	45:50.23	14:45/M
148	Matthew Gerson	East Meadow NY	8149	24	M	3: 20-24	46:29.05	14:58/M