

Thanksgiving Day. Thursday, November 28, 2019 9:15AM 5K Start Rain or Shine (8:30 Fun Run)

John J Burns Park 4990 Merrick Road - Massapequa NY

QUESTIONS Tom Foley: massturkeytrot@gmail.com

PLEASE POSITION YOURSELF ACCORDING TO PACE WHEN LINING UP TO THE START FOR EVERYONE'S SAFETY

REMINDER: There will be a CHIP START – YOUR TIME BEGINS AS YOU CROSS THE START MATS

PLEASE BE ON TIME!

FAQ

Strollers? Yes

Dogs? Unfortunately, no, as per Town of Oyster Bay laws

Can I pick up for someone else? Yes

Parking? Available in John Burns Park. If you wish to leave immediately after running, park outside the park. Marjorie Post Park is open and available for parking! If you park at Post, you can come and go as you please.

5K ONLY: Top Quality Long Sleeve T Shirt - If you register after 11/12 Tee Shirts are on a limited 1st Come 1st Serve basis at Packet Pickup Wed. Night if still available!

\$35 Day of Race (shirts only if available) & Fun Run \$10

COURSE 5K Run/Walk: USATF certified course

Please be respectful of the young runners in the Fun Run as you prepare for the 5k. The race course starts in the interior loop at Burns. Once the race starts, please stay off the interior loop.

Fun Run: 1/2 Mile trail run/jog/walk with the family within John J. Burns Park

DAY OF SCHEDULE

7:30AM - 8:15AM Very limited pickup. Please make arrangements to pick-up night before!

8:30AM Fun Run

9:15AM 5K Run/Walk

PACKET PICKUP

11/27 Wednesday Night **1:30-5:30PM <u>John J. Burns Park</u> please go to the back building near the boat ramp to get your race packet 11/28 Thursday (Race Day!) limited pickup from 7:30-8:15 AM at <u>John J. Burns Park</u>

PLEASE KNOW YOUR BIB NUMBER BEFORE PACKET PICKUP. IT WILL BE EMAILED & TEXTED TO YOU HOURS BEFOREHAND AND POSTED ONLINE AT ELITEFEATS.COM UNDER MASSAPEQUA TURKEY TROT.

RESULTS & PHOTOS

LIVE Online/Email/Text Results and FREE Video & Same-day finish line pics Find Misc Photos on Facebook **@elitefeats**