



## Good things to know before the Race Saturday, November 30, 2019

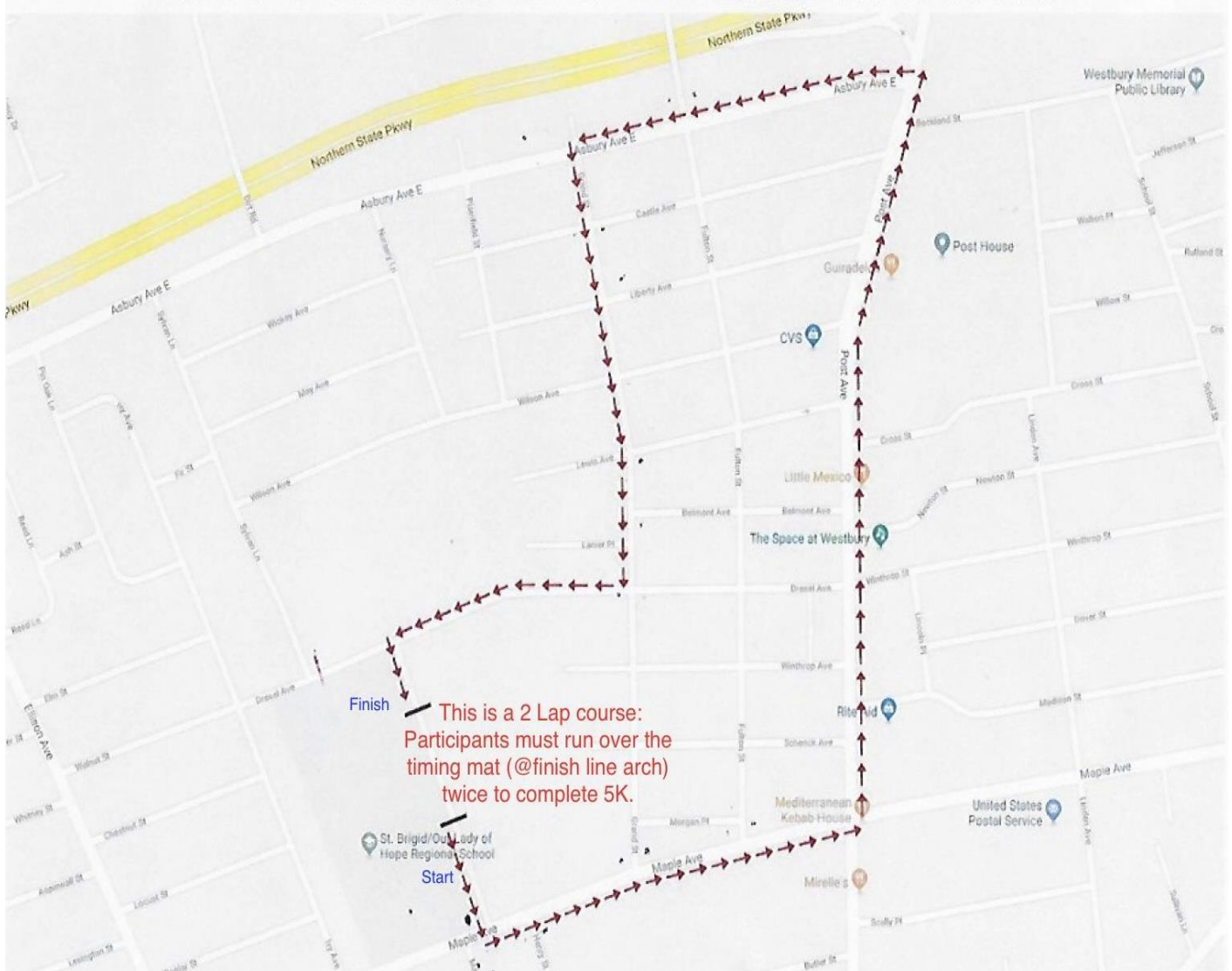
Welcome and thank you for registering for our 2nd Annual 5K Race and Kids Fun Run!

- **Parking** - spacious parking is available in the **School's Back Parking Lot off of Drexel Ave.** The main parking lot off of St. Brigid's Lane and Maple Ave. will be *closed* for the entirety of the Event for safety reasons. Village Parking Lots are free and within walking distance on Drexel Avenue. We encourage all nearby participants to walk or bike to the Event.
- **Packet pickup** - is available Friday, November 29th from 5:00 to 7:30 in the gym. Please use the Back Parking Lot Entrance off of Drexel Avenue.
- **Check-in on Race Day** - Registration and Packet Pickup continues in the lobby of the Gym from 7:15am until 8:30am. Registration closes ½ hour before start time of race.
- **8:30 Kids Fun Run** begins within the self-contained grounds of the Water Park located across St. Brigid's Lane from the School (101 Maple Avenue, Westbury) and finishes at 8:45am. Kids, be sure to enjoy the **Hot Cocoa Station** after the Race! Note: Kids Run is weather dependent.
- **8:50 First call to Starting Line, Blessing and National Anthem.** Rain or Shine.
- **9:00 5K** begins.
- **10:00 Awards Ceremony**
- Please enjoy **Post Race Hospitality & DJ** in the Main Parking Lot.
- **Road Closures** - Nassau County Police Department will be closing off streets for the race. However, **for your safety please remain alert at all times**, aware of vehicles, driveways and roadway obstacles!
- **Walkers** - This Event is open to people of ALL fitness levels. If you are a walker, you should start behind the more competitive runners, serious runners at the head. Nassau County Police will instruct **all walkers that wish to complete the course to use the sidewalks and follow all traffic laws when the roads re-open for public use.**
- **Course** - Please see attached map. **This is a 2 Lap Course which requires all Participants to cross over the timing mat at the Finish Line Arch twice in order to complete the 5K and qualify for Awards.**



## Best of Luck from the **5K Crew** @ St. Brigid/Our Lady of Hope Regional School

### WESTBURY ST BRIGID'S OUR LADY OF HOPE 5K RUN & FUN WALK





# THANK YOU TO OUR 2019 5K RUN/WALK SPONSORS

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