

USATF Long Island Open & Masters - 2/25/2023
Indoors Track & Field Championships
St. Anthony's High School
Results

Girls 55 Meter Dash Fastest Kid

Name	Team	Finals
Finals		
1 Wood, Aria	UNA	9.01
2 Goldin, Samantha	UNA	9.50
3 Lam, Natalie	UNA	10.36
4 Smith, Laylah	UNA	14.52

Girls 200 Meter Dash 13 & Under

Name	Team	Finals
Finals		
1 Goldin, Samantha	UNA	34.18
2 Rodriguez-Villa, Marta	UNA	39.38
3 Lam, Natalie	UNA	40.12
4 Jantzen, Nikki	UNA	41.31
5 Sankey, Ruth	UNA	58.52

Girls 400 Meter Dash 13 & Under

Name	Team	Finals
Finals		
1 Rodriguez-Villa, Marta	UNA	1:32.62
45.583 (45.583)	1:32.620 (47.038)	
2 xu, lucy	UNA	1:44.87
50.885 (50.885)	1:44.868 (53.983)	
3 Sankey, Ruth	UNA	2:14.22
1:01.323 (1:01.323)	2:14.212 (1:12.889)	

Women 60 Meter Dash

Name	Team	Prelims
Preliminaries		
1 Anderson, Anya	UNA	8.44q
2 Brockner, Roxanne	UNA	8.72q
3 Beck, Angelina	UNA	8.88q
4 Lipponer, Belle	UNA	12.45q
5 Chang, Yi-Yen	UNA	12.56q
6 Chan, Melissa	UNA	14.73q
7 Wexler, Ruth	UNA	19.19

Women 60 Meter Dash

Name	Team	Finals
Finals		
1 Anderson, Anya	UNA	8.39
2 Beck, Angelina	UNA	8.91
3 Lipponer, Belle	UNA	12.18
4 Chang, Yi-Yen	UNA	13.34

Women 200 Meter Dash

Name	Team	Finals
Finals		
1 Medina, Emily	UNA	28.17
2 Lipponer, Belle	UNA	46.42

Women 400 Meter Dash

Name	Team	Finals
Finals		
1 Brockner, Roxanne	UNA	1:07.58
32.448 (32.448)	1:07.573 (35.125)	
2 Beck, Angelina	UNA	1:14.04
34.521 (34.521)	1:14.036 (39.515)	
3 Tantone, Nancy	UNA	1:18.41
38.527 (38.527)	1:18.406 (39.879)	
4 Schmuck, Susan	UNA	1:30.77
42.555 (42.555)	1:30.768 (48.214)	
5 Clarin, Jodi	UNA	1:57.75
58.725 (58.725)	1:57.750 (59.025)	

Women 800 Meter Run

Name	Team	Finals
Finals		
1 Caldwell, Elizabeth	UNA	2:24.42
32.202 (32.202)	1:07.066 (34.864)	1:44.841 (37.775)
	2:24.412 (39.572)	
2 xu, lucy	UNA	3:46.88
51.878 (51.878)	1:52.270 (1:00.392)	2:51.986 (59.717)
	3:46.875 (54.889)	

Women 1500 Meter Run

Name	Team	Finals
Finals		
1 Degni, Marissa	UNA	5:47.64
22.423 (22.423)	1:07.775 (45.352)	1:54.507 (46.733)
	2:41.591 (47.084)	3:29.011 (47.420)
	5:04.897 (47.392)	5:47.631 (42.734)
2 Licata, Elizabeth	UNA	6:35.95
23.267 (23.267)	1:13.711 (50.444)	2:07.863 (54.153)
	3:01.482 (53.619)	3:54.163 (52.682)
	5:41.863 (53.880)	6:35.948 (54.085)



USATF Long Island Open & Masters - 2/25/2023
Indoors Track & Field Championships
St. Anthony's High School

Results

Finals ... (Women 1500 Meter Run)			
Name	Team	Finals	
3 Barrows, Diana	UNA	7:24.39	
24.621 (24.621)	1:14.031 (49.410)	2:13.477 (59.447)	
3:16.371 (1:02.894)	4:20.807 (1:04.437)	5:25.251 (1:04.444)	
6:26.820 (1:01.569)	7:24.385 (57.565)		
4 Velazquez, Vanessa	UNA	7:33.33	
24.748 (24.748)	1:14.933 (50.185)	2:19.180 (1:04.247)	
3:26.605 (1:07.425)	4:36.080 (1:09.475)	5:38.543 (1:02.464)	
6:42.925 (1:04.382)	7:33.330 (50.405)		
Women 3000 Meter Run			
Name	Team	Finals	
Finals			
1 Caldwell, Elizabeth	UNA	10:17.79	
41.069 (41.069)	1:20.043 (38.974)	1:59.209 (39.167)	
2:39.765 (40.557)	3:20.419 (40.654)	4:01.420 (41.002)	
4:42.860 (41.440)	5:24.478 (41.618)	6:06.548 (42.070)	
6:49.076 (42.529)	7:31.424 (42.348)	8:14.685 (43.262)	
8:57.063 (42.378)	9:38.705 (41.643)	10:17.790 (39.085)	
2 Licata, Elizabeth	UNA	12:01.61	
44.423 (44.423)	1:31.646 (47.224)	2:19.930 (48.284)	
3:09.043 (49.113)	3:58.089 (49.047)	4:46.158 (48.069)	
5:34.069 (47.912)	6:22.850 (48.782)	7:11.628 (48.778)	
7:59.601 (47.974)	8:46.354 (46.753)	9:33.849 (47.495)	
10:23.751 (49.903)	11:14.093 (50.342)	12:01.603 (47.510)	
3 Daub, Tara	UNA	12:48.47	
43.568 (43.568)	1:30.923 (47.355)	2:20.745 (49.823)	
3:11.779 (51.034)	4:04.160 (52.382)	4:57.160 (53.000)	
5:50.695 (53.535)	6:43.888 (53.193)	7:36.611 (52.724)	
8:29.228 (52.617)	9:20.721 (51.494)	10:13.116 (52.395)	
11:05.581 (52.465)	11:57.176 (51.595)	12:48.468 (51.292)	
4 Armstrong, Cher	UNA	13:16.02	
47.539 (47.539)	1:38.839 (51.300)	2:32.823 (53.984)	
3:26.424 (53.602)	4:19.193 (52.769)	5:11.695 (52.503)	
6:04.530 (52.835)	6:57.504 (52.974)	7:52.099 (54.595)	
8:46.569 (54.470)	9:40.034 (53.465)	10:35.388 (55.354)	
11:31.345 (55.958)	12:26.624 (55.279)	13:16.013 (49.389)	
5 Pfeifer, Virginia	UNA	16:11.39	
53.071 (53.071)	1:52.944 (59.873)	2:58.984 (1:06.040)	
4:07.353 (1:08.369)	5:14.778 (1:07.425)	6:21.504 (1:06.727)	
7:27.915 (1:06.412)	8:34.544 (1:06.629)	9:40.281 (1:05.738)	
10:46.756 (1:06.475)	11:52.410 (1:05.654)	12:56.266 (1:03.857)	
14:00.635 (1:04.369)	15:06.035 (1:05.400)	16:11.381 (1:05.347)	

6 dietrich, dana	UNA	16:26.42	
42.583 (42.583)	1:41.909 (59.327)	2:49.381 (1:07.473)	
3:54.359 (1:04.978)	5:00.126 (1:05.768)	6:06.239 (1:06.113)	
7:13.829 (1:07.590)	8:21.570 (1:07.742)	9:29.231 (1:07.662)	
10:39.000 (1:09.769)	11:50.168 (1:11.168)	12:57.703 (1:07.535)	
14:06.243 (1:08.540)	15:17.435 (1:11.193)	16:26.419 (1:08.984)	
Women 60 Meter Hurdles			
Name	Team	Finals	
Finals			
1 Medina, Emily	UNA	10.07	
Women 4x800 Meter Relay			
Team	Relay	Finals	
Finals			
1 Uniondale	A	11:29.96	
2:43.256 (2:43.256)	5:36.959 (2:53.703)	8:25.574 (2:48.615)	
11:29.955 (3:04.382)			
Women High Jump			
Name	Team	Finals	
Finals			
1 Gittens, Jannale	UNA	1.42m	
Women Pole Vault			
Name	Team	Finals	
Finals			
1 gray, mikella	UNA	2.60m	
1 Langsam, Tobie	UNA	2.60m	
3 Lis, Izabela	UNA	J2.60m	
4 Lake, Haley	UNA	2.40m	
5 Weathers, Nyima	UNA	2.30m	
5 Cornish, Trinity	UNA	2.30m	
7 Bermeo, Victoria	UNA	2.00m	
8 Collado, Charlize	UNA	1.80m	
Women Long Jump			
Name	Team	Finals	
Finals			
1 Anderson, Anya	UNA	4.72m	
Women Triple Jump			
Name	Team	Finals	
Finals			
1 Liddelou, Yavani	UNA	8.79m	



USATF Long Island Open & Masters - 2/25/2023
Indoors Track & Field Championships
St. Anthony's High School
Results

Women Shot Put

Name	Team	Finals
Finals		
1 Simply, Shania	UNA	8.31m
2 Bermeo, Victoria	UNA	7.59m
3 Velazquez, Vanessa	UNA	7.33m
4 Glynn, Niciella	UNA	7.26m
5 Chan, Melissa	UNA	2.58m

Women 1 Mile Race Walk

Name	Team	Finals
Finals		
1 Armstrong, Cher	UNA	10:23.78
1:14.748 (1:14.748)	2:29.317 (1:14.569)	3:44.212 (1:14.895)
4:59.616 (1:15.404)	6:16.914 (1:17.299)	7:37.241 (1:20.327)
9:00.704 (1:23.464)	10:23.779 (1:23.075)	
2 Kristoffersson, Madeleine	UNA	14:10.32
1:44.209 (1:44.209)	3:38.733 (1:54.524)	5:31.987 (1:53.254)
7:19.474 (1:47.488)	9:05.068 (1:45.594)	10:51.573 (1:46.505)
12:34.918 (1:43.345)	14:10.314 (1:35.397)	

Boys 55 Meter Dash Fastest Kid

Name	Team	Finals
Finals		
1 Stewart, Jordan	UNA	9.13
2 Richards, Donald	UNA	9.43
3 Sqrewari, Zade	UNA	9.68
4 Marder, Aaron	UNA	10.02
5 Stewart, Justin	UNA	10.11
6 Braxton, James	UNA	13.12
7 Malvagno, Andrew	UNA	13.47
8 Malvagno, Matthew	UNA	14.07

Boys 200 Meter Dash 13 & Under

Name	Team	Finals
Finals		
1 Richards, Donald	UNA	39.92
2 Sqrewari, Zade	UNA	39.96
3 Hernandez, Ryan	UNA	40.23
4 Levinson, Jason	UNA	50.79
5 Malvagno, Andrew	UNA	53.52
6 Priegue, Cristian	UNA	57.59
7 Malvagno, Matthew	UNA	1:04.19

Boys 400 Meter Dash 13 & Under

Name	Team	Finals
Finals		
1 Stelma, Tyler	UNA	1:07.29
31.762 (31.762)	1:07.286 (35.524)	
2 Fleming, Casey	UNA	1:20.59
37.605 (37.605)	1:20.585 (42.980)	
3 Holmes, David	UNA	1:21.07
37.417 (37.417)	1:21.061 (43.644)	
4 Dworkin, Matthew	UNA	1:23.68
35.543 (35.543)	1:23.674 (48.132)	
5 Howe, Thomas	UNA	1:27.04
40.236 (40.236)	1:27.035 (46.799)	
6 Hernandez, Ryan	UNA	1:39.89
40.748 (40.748)	1:39.884 (59.137)	
7 Levinson, Jason	UNA	1:55.52
52.286 (52.286)	1:55.512 (1:03.227)	
8 Priegue, Cristian	UNA	2:13.63
1:01.292 (1:01.292)	2:13.624 (1:12.333)	

Boys 4x200 Meter Relay 13 & Under

Team	Relay	Finals
Finals		
1 Bellmore Pal	A	2:28.14
1:15.435 (1:15.435)	1:51.775 (36.340)	2:28.136 (36.362)

Men 60 Meter Dash

Name	Team	Prelims
Preliminaries		
1 Thompson, Jermaine	UNA	7.30q
2 Bhatia, Haresh	UNA	7.41q
3 Knight, Justin	UNA	7.45q
4 McCue, Austin	UNA	7.51q
5 Henry, Justin	UNA	7.56q
6 Smith, Andrew	UNA	7.60q
7 Villatoro, Alex	UNA	7.74
8 Clark, Vincent	UNA	7.78
9 Motehourd, Daniel	UNA	7.85
10 Devito, Generoso	UNA	8.88
11 Edghill, Mayo	UNA	10.42
12 Bodner, Frank	UNA	10.44
13 Hansen, Rick	UNA	10.61
14 MacPherson, Charles	UNA	11.19
15 Kent, Ed	UNA	15.13



USATF Long Island Open & Masters - 2/25/2023
Indoors Track & Field Championships
St. Anthony's High School

Results

Preliminaries ... (Men 60 Meter Dash)

Name	Team	Prelims
16 Gunzel, Richard	UNA	15.40
17 Kravitz, Jonathan	UNA	21.55
18 Castelli Jr, Gary	UNA	22.39
--- Gould, Stephen	UNA	DNF

Men 60 Meter Dash

Name	Team	Finals
Finals		
1 Thompson, Jermaine	UNA	7.21
2 Bhatia, Haresh	UNA	7.37
3 McCue, Austin	UNA	7.37
4 Henry, Justin	UNA	12.99

Men 200 Meter Dash

Name	Team	Finals
Finals		
1 Thompson, Jermaine	UNA	23.50
2 Castelli Jr, Gary	UNA	23.55
3 McCue, Austin	UNA	24.60
4 Henry, Justin	UNA	24.71
5 Bhatia, Haresh	UNA	24.86
6 Clark, Vincent	UNA	25.18
7 Villatoro, Alex	UNA	25.62
8 Smith, Andrew	UNA	25.94
9 Motehour, Daniel	UNA	26.62
10 Lam, Lucas	UNA	26.77
11 Murray, Silas	UNA	27.92
12 Mirsky, Vitaly	UNA	28.49
13 Jackson, Christian	UNA	29.41
14 Lapp, Rick	UNA	31.87
15 Fleming, Casey	UNA	33.83
16 MacPherson, Charles	UNA	35.37
17 Baker, Justin	UNA	47.36
18 Horiuchi, Kyle	UNA	50.41
19 Romao, Xavier	UNA	1:09.51
--- Kravitz, Jonathan	UNA	DNF

Men 400 Meter Dash

Name	Team	Finals
Finals		
1 Henry, Justin	UNA	55.52
26.278 (26.278)	55.512 (29.234)	

2 Yoo, Sean	UNA	55.85
26.836 (26.836)	55.842 (29.007)	
3 Mathieu, Jaiden	UNA	59.31
27.285 (27.285)	59.302 (32.018)	
4 McGurran, Connor	UNA	1:00.71
29.237 (29.237)	1:00.705 (31.468)	
5 Seubert, Ren	UNA	1:02.97
28.637 (28.637)	1:02.963 (34.327)	
6 Kavanagh, Nate	UNA	1:07.67
33.911 (33.911)	1:07.662 (33.752)	
7 Lapp, Rick	UNA	1:10.44
34.021 (34.021)	1:10.431 (36.410)	
8 Levell Jr, DeAndre	UNA	1:13.70
36.399 (36.399)	1:13.695 (37.297)	
9 Phillips, Robbie	UNA	1:25.68
38.707 (38.707)	1:25.674 (46.967)	
10 Horiuchi, Kyle	UNA	1:42.75
46.576 (46.576)	1:42.745 (56.169)	

Men 800 Meter Run

Name	Team	Finals
Finals		
1 Lopez, Matthew	UNA	2:08.21
30.308 (30.308)	1:01.683 (31.375)	1:34.381 (32.698)
2:08.207 (33.827)		
2 Humin, Ethan	UNA	2:12.35
30.741 (30.741)	1:02.866 (32.125)	1:36.961 (34.095)
2:12.347 (35.387)		
3 Chen, William	UNA	2:13.71
30.526 (30.526)	1:01.983 (31.458)	1:34.833 (32.850)
2:13.706 (38.873)		
4 Mahmud, Piyal	UNA	2:21.82
31.888 (31.888)	1:06.401 (34.513)	1:43.648 (37.248)
2:21.812 (38.164)		
5 Clements, Brayden	UNA	2:24.67
33.547 (33.547)	1:09.286 (35.739)	1:46.608 (37.323)
2:24.662 (38.054)		
6 Druockhammer, Dale	UNA	2:33.22
36.295 (36.295)	1:13.003 (36.708)	1:51.796 (38.794)
2:33.218 (41.422)		
7 Kavanagh, Christopher	UNA	2:34.70
34.081 (34.081)	1:12.428 (38.347)	1:54.548 (42.120)
2:34.699 (40.152)		



USATF Long Island Open & Masters - 2/25/2023
Indoors Track & Field Championships
St. Anthony's High School

Results

Finals ... (Men 800 Meter Run)

Name	Team	Finals
8 Ragoonath, Kieron	UNA	2:35.65
36.774 (36.774)	1:16.136 (39.363)	1:56.086 (39.950)
2:35.650 (39.564)		
9 Byrnes, Bryan	UNA	2:36.17
37.759 (37.759)	1:14.906 (37.148)	1:56.720 (41.814)
2:36.164 (39.444)		
10 Kavanagh, Nate	UNA	2:40.86
35.515 (35.515)	1:13.624 (38.109)	1:56.969 (43.345)
2:40.856 (43.888)		
11 Clasen, Robert	UNA	2:55.21
42.043 (42.043)	1:25.099 (43.057)	2:10.388 (45.289)
2:55.204 (44.817)		
12 Kleemann, William	UNA	3:06.21
39.901 (39.901)	1:25.871 (45.970)	2:16.676 (50.805)
3:06.205 (49.529)		
13 Jackson, Christian	UNA	3:54.77
43.446 (43.446)	1:37.701 (54.255)	2:44.209 (1:06.508)
3:54.766 (1:10.558)		

Men 1500 Meter Run

Name	Team	Finals
Finals		
1 Berglin, Nicholas	UNA	4:31.63
17.651 (17.651)	53.126 (35.475)	1:29.565 (36.439)
2:07.040 (37.475)	2:44.668 (37.628)	3:22.119 (37.452)
3:57.974 (35.855)	4:31.625 (33.652)	
2 Clements, Brayden	UNA	4:57.74
18.093 (18.093)	54.490 (36.398)	1:32.453 (37.963)
2:11.164 (38.712)	2:51.333 (40.169)	3:34.458 (43.125)
4:17.248 (42.790)	4:57.738 (40.490)	
3 Mintel, James	UNA	5:03.33
19.200 (19.200)	56.950 (37.750)	1:33.256 (36.307)
2:10.538 (37.282)	2:49.778 (39.240)	3:32.655 (42.878)
4:17.303 (44.648)	5:03.328 (46.025)	
4 Kavanagh, Christopher	UNA	5:09.27
16.365 (16.365)	50.734 (34.369)	1:30.379 (39.645)
2:12.105 (41.727)	2:55.296 (43.192)	3:40.586 (45.290)
4:27.243 (46.657)	5:09.268 (42.025)	
5 Lam, Lucas	UNA	5:09.71
19.038 (19.038)	57.836 (38.799)	1:38.275 (40.439)
2:20.621 (42.347)	3:03.120 (42.499)	3:47.555 (44.435)
4:31.201 (43.647)	5:09.705 (38.504)	

6 Ragoonath, Kieron	UNA	5:10.08
16.336 (16.336)	51.454 (35.118)	1:32.259 (40.805)
2:15.330 (43.072)	3:01.930 (46.600)	3:47.038 (45.108)
4:30.493 (43.455)	5:10.073 (39.580)	
7 Byrnes, Bryan	UNA	5:13.42
17.748 (17.748)	54.019 (36.272)	1:33.790 (39.772)
2:15.561 (41.772)	3:00.915 (45.354)	3:46.470 (45.555)
4:31.314 (44.844)	5:13.416 (42.103)	
8 Sankey, George	UNA	5:15.74
17.802 (17.802)	54.663 (36.862)	1:36.202 (41.539)
2:20.783 (44.582)	3:05.520 (44.737)	3:49.123 (43.604)
4:34.455 (45.332)	5:15.738 (41.284)	
9 Burnside, Nicholas	UNA	5:21.54
18.128 (18.128)	54.394 (36.267)	1:34.201 (39.808)
2:16.359 (42.158)	3:02.348 (45.989)	3:49.136 (46.789)
4:37.156 (48.020)	5:21.540 (44.384)	
10 Kleemann, William	UNA	6:00.55
17.898 (17.898)	56.150 (38.253)	1:40.060 (43.910)
2:30.299 (50.239)	3:22.800 (52.502)	4:15.588 (52.788)
5:07.849 (52.262)	6:00.550 (52.702)	
11 Salerni, Paul	UNA	6:13.91
24.080 (24.080)	1:11.982 (47.903)	2:05.013 (53.032)
2:59.072 (54.059)	3:50.576 (51.504)	4:38.038 (47.463)
5:27.286 (49.248)	6:13.906 (46.620)	
12 Clasen, Robert	UNA	6:18.68
24.466 (24.466)	1:12.383 (47.918)	2:04.460 (52.077)
2:58.535 (54.075)	3:50.791 (52.257)	4:40.828 (50.038)
5:30.602 (49.774)	6:18.677 (48.075)	
13 Fried, Rob	UNA	6:30.46
23.367 (23.367)	1:12.062 (48.695)	2:04.268 (52.207)
2:58.397 (54.129)	3:51.927 (53.530)	4:45.002 (53.075)
5:37.837 (52.835)	6:30.458 (52.622)	
14 Seubert, Ren	UNA	7:52.07
19.546 (19.546)	1:00.461 (40.915)	1:46.136 (45.675)
2:42.808 (56.672)	4:44.576 (2:01.769)	5:48.754 (1:04.178)
6:54.705 (1:05.952)	7:52.065 (57.360)	
--- Romao, Xavier	UNA	DNF
25.051 (25.051)	1:26.461 (1:01.410)	2:32.905 (1:06.444)
3:45.393 (1:12.488)	4:56.169 (1:10.777)	6:09.963 (1:13.794)
7:26.300 (1:16.338)		



USATF Long Island Open & Masters - 2/25/2023
Indoors Track & Field Championships
St. Anthony's High School
Results

Men 3000 Meter Run

Name	Team	Finals
Finals		
1 Lopez, Matthew	UNA	9:04.00
34.266 (34.266)	1:09.949 (35.683)	1:45.178 (35.229)
2:21.128 (35.950)	2:57.121 (35.994)	3:33.636 (36.515)
4:10.744 (37.108)	4:46.726 (35.983)	5:23.523 (36.797)
6:01.408 (37.885)	6:37.919 (36.512)	7:15.439 (37.520)
7:54.005 (38.567)	8:30.673 (36.668)	9:03.999 (33.327)
2 Sinert, Jason	UNA	9:56.92
37.841 (37.841)	1:18.073 (40.232)	1:58.375 (40.303)
2:39.083 (40.708)	3:19.520 (40.438)	3:59.249 (39.729)
4:38.901 (39.653)	5:19.436 (40.535)	5:59.544 (40.108)
6:39.030 (39.487)	7:18.336 (39.307)	7:58.286 (39.950)
8:38.130 (39.844)	9:17.624 (39.494)	9:56.914 (39.290)
3 Chu, Matthew	UNA	10:13.99
37.473 (37.473)	1:17.764 (40.292)	1:58.829 (41.065)
2:39.425 (40.597)	3:20.166 (40.742)	4:00.901 (40.735)
4:41.763 (40.862)	5:22.501 (40.739)	6:03.931 (41.430)
6:45.629 (41.698)	7:28.136 (42.508)	8:10.584 (42.448)
8:53.501 (42.918)	9:35.573 (42.072)	10:13.981 (38.409)
4 Penney, Earl	UNA	10:39.82
42.410 (42.410)	1:24.698 (42.288)	2:07.550 (42.853)
2:51.025 (43.475)	3:34.060 (43.035)	4:16.835 (42.775)
5:00.199 (43.364)	5:43.273 (43.074)	6:25.294 (42.022)
7:08.410 (43.117)	7:51.996 (43.587)	8:35.986 (43.990)
9:18.820 (42.834)	10:00.689 (41.869)	10:39.818 (39.129)
5 Ham, Matthew	UNA	10:51.22
38.819 (38.819)	1:20.000 (41.182)	2:01.930 (41.930)
2:45.595 (43.665)	3:29.684 (44.089)	4:13.921 (44.238)
4:58.118 (44.197)	5:42.018 (43.900)	6:25.326 (43.309)
7:08.471 (43.145)	7:51.710 (43.239)	8:36.301 (44.592)
9:20.485 (44.184)	10:06.338 (45.853)	10:51.214 (44.877)
6 Guilfoyle, Keith	UNA	11:05.00
41.775 (41.775)	1:23.143 (41.368)	2:05.619 (42.477)
2:48.885 (43.267)	3:32.031 (43.147)	4:15.073 (43.042)
4:59.260 (44.188)	5:44.000 (44.740)	6:28.504 (44.504)
7:13.691 (45.188)	7:59.946 (46.255)	8:46.756 (46.810)
9:33.424 (46.668)	10:19.630 (46.207)	11:05.000 (45.370)

7 Fried, Rob	UNA	13:15.14
47.100 (47.100)	1:39.871 (52.772)	2:34.573 (54.702)
3:28.278 (53.705)	4:20.144 (51.867)	5:13.643 (53.499)
6:06.806 (53.164)	7:00.068 (53.262)	7:53.775 (53.708)
8:47.076 (53.302)	9:40.864 (53.788)	10:34.236 (53.373)
11:27.670 (53.434)	12:21.385 (53.715)	13:15.134 (53.749)
8 Wilkowski, Mario	UNA	13:24.84
48.850 (48.850)	1:40.106 (51.257)	2:34.804 (54.698)
3:28.776 (53.973)	4:21.735 (52.959)	5:15.830 (54.095)
6:10.109 (54.279)	7:05.650 (55.542)	8:00.506 (54.857)
8:55.039 (54.533)	9:49.243 (54.204)	10:45.223 (55.980)
11:40.556 (55.334)	12:34.805 (54.249)	13:24.835 (50.030)
9 Baard, Mike	UNA	14:05.18
48.743 (48.743)	1:40.523 (51.780)	2:34.698 (54.175)
3:29.800 (55.103)	4:25.369 (55.569)	5:23.553 (58.184)
6:22.905 (59.353)	7:22.040 (59.135)	8:20.889 (58.849)
9:19.610 (58.722)	10:16.481 (56.872)	11:13.636 (57.155)
12:11.520 (57.884)	13:08.835 (57.315)	14:05.179 (56.344)

Men 60 Meter Hurdles

Name	Team	Finals
Finals		
1 Lapp, Rick	UNA	10.83

Men 4x200 Meter Relay

Team	Relay	Finals
Finals		
1 Metropolis LI	A	1:41.51
51.360 (51.360)	1:17.311 (25.952)	1:41.501 (24.190)

Men High Jump

Name	Team	Finals
Finals		
1 Ochalek, Josh	UNA	1.57m
2 Donnellan, Edward	UNA	1.47m
3 Talamo, Swergio	UNA	1.42m
4 Ross, John	UNA	1.37m
5 Levell Jr, DeAndre	UNA	1.22m
--- Bodner, Frank	UNA	NH

Men Pole Vault

Name	Team	Finals
Finals		
1 Kalinowski, Robert	UNA	4.21m
2 Bradford, Lawrence	UNA	4.11m



USATF Long Island Open & Masters - 2/25/2023
Indoors Track & Field Championships
St. Anthony's High School

Results

Finals ... (Men Pole Vault)

Name	Team	Finals
3 Li, Linz	UNA	J3.96m
4 dillon, hunter	UNA	J3.96m
5 DeNicola, Jake	UNA	J3.05m
6 Schlectman, Aaron	UNA	J2.74m
7 Alfred, Kyle	UNA	J2.74m

Men Long Jump

Name	Team	Finals
Finals		
1 Castelli Jr, Gary	UNA	6.47m
2 Ochalek, Josh	UNA	5.29m
3 Talamo, Swergio	UNA	5.17m
4 Lapp, Rick	UNA	4.22m
5 Stelma, Tyler	UNA	3.98m
6 Viola, Pat	UNA	3.41m
7 Bodner, Frank	UNA	3.31m
8 DeVito, David	UNA	3.02m
9 Edghill, Mayo	UNA	2.82m
10 Richards, Donald	UNA	2.67m
11 Sqrewari, Zade	UNA	2.54m
12 Kent, Ed	UNA	1.64m
--- Lafferty, Luke	UNA	FOUL

Men Triple Jump

Name	Team	Finals
Finals		
1 Mathieu, Jaiden	UNA	11.61m
2 Kent, Ed	UNA	4.42m

Men Shot Put 6kg

Name	Team	Finals
Finals		
1 Szerencsy, Michael	UNA	11.00m

Men Shot Put 16 lbs.

Name	Team	Finals
Finals		
1 O'Connor, Liam	UNA	14.37m
2 Gromling, Gregory	UNA	13.99m
3 Romao, Ephrem	UNA	10.27m
4 Clark, Chip	UNA	8.96m
5 Talamo, Swergio	UNA	8.21m
6 Devito, Generoso	UNA	8.12m

7 Baldasse, Tom	UNA	7.16m
8 Phillips, Robbie	UNA	3.51m

Men Shot Put 3kg

Name	Team	Finals
Finals		
1 Joyce, Ed	UNA	7.00m

Men Shot Put 4kg

Name	Team	Finals
Finals		
1 Lam, Lucas	UNA	4.78m
2 McGovern, Brett	UNA	4.46m
3 Braxton, James	UNA	3.33m

Men Shot Put 12 lbs.

Name	Team	Finals
Finals		
1 Walker, Xavier	UNA	11.72m
2 Baker, Justin	UNA	11.03m
3 Levell Jr, DeAndre	UNA	8.11m

Men 1 Mile Race Walk

Name	Team	Finals
Finals		
1 Stachlik, Owen	UNA	9:20.33
1:13.482 (1:13.482)	2:28.552 (1:15.070)	3:42.767 (1:14.215)
4:53.284 (1:10.518)	6:02.947 (1:09.663)	7:10.017 (1:07.070)
8:14.504 (1:04.488)	9:20.328 (1:05.824)	
2 Bartholomew, Michael	UNA	9:50.66
1:14.896 (1:14.896)	2:29.094 (1:14.199)	3:41.076 (1:11.982)
4:53.517 (1:12.442)	6:06.568 (1:13.052)	7:21.219 (1:14.652)
8:36.694 (1:15.475)	9:50.657 (1:13.963)	

