



Runners, thank you for your support of the Massapequa Turkey Trot. As a result of your participation in this event, we will be able to make a very sizeable donation to the John Theissen's Children's Foundation (<https://www.jtcf.org/>) and the Leukemia & Lymphoma Society.

In anticipation of the race, here is some important information:

### **WEATHER**

There is no rain date. Our race will go forward on Thanksgiving morning.

### **WEDNESDAY -RACE PACKET PICK UP**

1 p.m. -5:30 p.m. You must pick up their race packet in the back of John J. Burns, the night before the race. We will be in the building in the back of the park, near the boat launch. There is only one entrance to the park. After entering the park, continue on the entrance road, heading south. The building is located to the left of the boat launch.

Prior to your arrival you will receive a text/email with your bib number.

We have reserved long sleeve tee shirts for runners who registered on or before Nov. 9. All other shirts will be distributed on a first come, first served basis.

**It is okay to have someone pick up the race packet for you.** Please note that we will have very limited race day packet pick up.

### **RACE DAY PARKING**

**If you want to leave right after the race, do not park in Burns!** Once the race begins, only those parked in the west lot can leave. For the safety of our runners, all others must wait until after the race. **There is ample parking at Marjorie Post Park** and the surrounding streets.

## **FUN RUN**

The Fun Run will start promptly at 8:30. Please be respectful of the young runners as you prepare for the 5k. Their race course is the interior loop at Burns. Once the race starts, please stay off the interior loop.

## **WATER STOP**

The one and only water stop will be just past the one-mile mark on West Shore Drive.

## **WEDNESDAY AND DAY OF RACE REGISTRATION**

You may register in person on Wednesday, or on Thursday before the race. Registration will be online only and we can only accept credit card payments.

The fee for race day registration is \$35.00. If you register on Wednesday or Thursday, there are no tee shirts.

## **FOOD/DRINK:**

We will have bagels/bananas and water after the race

Any questions, please post on our Facebook page ([Massapequa Turkey Trot](#))

## **STROLLERS**

Strollers are welcome. Please be mindful on the other runners.

## **DOGS**

The Town of Oyster Bay does not permit dogs in Burns Park where the race starts and finishes.